

JOHN 6:25-35; 60-69

ICE BREAKER

We've all followed someone we trusted when we didn't know where to go. Who has been a trusted guide in your life?

DISCUSSION

1. What does Jesus mean when he says that we must eat his flesh and drink his blood?

- How is eating and drinking like having faith?
- 2. Tell of a time when The Lord asked something of you that you didn't understand.
 - How did you respond?
 - Describe Simon Peter's response to Jesus' question in verses 68 and 69. How does Simon Peter's level of commitment differ from the average church member today?
- 3. Has an unanswered prayer ever made it hard for you to follow Jesus? Explain
 - Has your perspective on that situation changed over time? If so, how?
- 4. Have you ever known anyone who refused to follow Jesus?
 - What something or someone did they follow instead?

BOTTOM LINE

Seek satisfaction NOT instant gratification. Jesus is the One who nourishes.

NEXT STEP

Please take time this week to answer one of the following questions rather you are a follower of Jesus or not.

- What do you worry Jesus might ask you to do if you follow Him or begin following His direction in a specific area of your life?
- How would you answer Peter's question: "To whom shall we go?" If you decide not to follow Jesus' direction of your life, what or who will you follow instead?