

JOHN 6:25-35; 60-69

## ICE BREAKER

We've all followed someone we trusted when we didn't know where to go. Who has been a trusted guide in your life?

## DISCUSSION

1. What does Jesus mean when he says that we must eat his flesh and drink his blood?

- How is eating and drinking like having faith?
- 2. Tell of a time when The Lord asked something of you that you didn't understand.
  - How did you respond?
  - Describe Simon Peter's response to Jesus' question in verses 68 and 69. How does Simon Peter's level of commitment differ from the average church member today?
- 3. Has an unanswered prayer ever made it hard for you to follow Jesus? Explain
  - Has your perspective on that situation changed over time? If so, how?
- 4. Have you ever known anyone who refused to follow Jesus?
  - What something or someone did they follow instead?

## **BOTTOM LINE**

Seek satisfaction NOT instant gratification. Jesus is the One who nourishes.

## **NEXT STEP**

Please take time this week to answer one of the following questions rather you are a follower of Jesus or not.

- What do you worry Jesus might ask you to do if you follow Him or begin following His direction in a specific area of your life?
- How would you answer Peter's question: "To whom shall we go?" If you decide not to follow Jesus' direction of your life, what or who will you follow instead?