## Pray Secrets - #5 (Pray about everything Phil 4:6-7)

## 1. Replace anxiety with prayer

We were not made to worry about things We were not made to worry about anything

## 2. Request everything through prayer

Prayer =talking to God Supplication = asking from God Thanksgiving = appreciation to God Requests = content of supplication

## 3. Receive peace as you pray

God's peace
Overwhelming peace
Guarding peace
Will secure your emotions
Will secure your thinking

It is always time to pray