



Session #1

Zacharias and Elizabeth (Luke 1:5-24, 39-80)

Breaking the Ice:

Can you recall a time when a “*miscommunication*” led to a humorous result?

Exploration:

Read: [Luke 1:5-7](#)

What does Luke 1:6 lead you to conclude about difficulties in life?

If you could put yourself in their place what do you think you would feel based on Luke 1:7?

Conclusion: Every couple (even Christians) will face challenges in life

Read: [Luke 1:8-17](#)

What can you discover about Zacharias and Elizabeth’s response to the challenge (see verse 13)?

Can you share an example of answered prayer in your life together?

Read: *Luke 1:18-25*

This couple has a unique challenge to communication.

Imagine what the arrival home conversation would have been like for them.

Read: *Luke 1:57-66*

What from this reading convinces you that they indeed did communicate?

What was the spiritual outcome of their journey?

Conclusion: Keep talking to God and each other.

Bringing it Home

What can you recommend to the group as a suggestion to help your prayer life get better?

What is a recommendation to the group that can help your communication get better?

If you have time, review these Listening Habits (from *Preparing for Marriage* by Dennis Rainey)

Focus on...

What is being said

The way it is being said: tone of voice, posture and so on

Clarification of valid points

Questions

Understanding

Rather than...

How you feel about what is said

The words only

Defense of incorrect accusations

Indictments

Judgment

Bottom Line

Expect challenges- face them through prayer and loving communication.